



FUTURE 5 helps motivated, low-income high school students in Stamford connect to their full potential.



October News

Future 5 coaches Fanny Moran, Brenda Connolly, Jack Donahue, and Lindsay Valk tour the campuses of Manhattanville College (Purchase, NY) and Southern Connecticut State University (New Haven, CT) with students on Columbus Day.



An Afternoon of Giving Back

What does it take to give back to your community? Eight eager Future 5 students discovered that the answer is quite simple: All it takes is time and a little bit of muscle.

On a Friday afternoon in October, Thomas Agosto, our Director of Students, and Ellen Berube, our Student Advocate packed their cars with Future 5 students and took off for the Food Bank of Lower Fairfield County. Upon arrival they were greeted by several hundred pounds of canned and dry goods to be sorted and shelved. Without hesitation our

students jumped right in, working together to sort the green beans from the peas and the macaroni and cheese from the soups.

Community Service Leader Gerrienne Delaney remarked, "It's really great for our kids to see where donated food comes from. I've brought kids here to volunteer in the past and some of them revealed to me that they've received food from this food bank." It is volunteer opportunities like this that allow our students to put the character education we talk about at Future 5 into practice.

OVERHEARD AT FUTURE 5

- "Outside of Future 5 I am surrounded by people who don't care if I succeed in life. Here, I'm surrounded by people who want to see me do well and find success."
– Shared by a student during a "Here2There" workshop
- "I wish I'd known about Future 5 last year! I love it here!" – Overheard during a "Here2There" Workshop
- Coach: "Why are there so many bears in Connecticut?" Student: "Because we have more honey?" – Overheard during a "Here2There" Workshop

XL Re America Welcomes Future 5 to Their Stamford Headquarters



John Welch, President and CEO, and Sheila Kelly and Dawn Dinkins, members of XL Group's Corporate Social Responsibility Team, invited XL employees to learn about volunteer opportunities from **Future 5** students.